

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards, DSPL 8 Team

### Parenting Courses and Support in Dacorum Summer Term 2024

The Summer term Parenting Brochure will be available to download from the link below

by the end of term via:

[Online resources for parents and carers | DSPL \(dacorumdspl.org.uk\)](https://www.dacorumdspl.org.uk)



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## HAPpy Camps

Fully funded holiday activity camps, including SEND camps, will return for the Easter break, providing eligible children and young people with the chance to meet friends, learn new skills and enjoy nutritious food. The camps are free to school aged children (Reception to Year 11) in receipt of benefits related free school meals.

Ask your school office if you haven't already received your code and your child is eligible.



Booking is now live. Find out more and register at <https://bit.ly/BO1E24HAPpyCamps>

## Herts Have Café Launch Day: 21.03.2024

**Herts Haven Café**

**Thursday 21st March**  
Quaker Meeting House,  
St. Mary's Road,  
Hemel Hempstead,  
HP2 5ZB

**3pm - 4pm Professionals**  
**4pm - 6pm Open to all!**

**Launch Day!**

- Badge making + creative activities
- Lumi Nova demonstrations
- Free prize draw ticket on entry!  
(prizes include XC family climb session, men & women's haircuts, beauty treatments, drinks at local establishments, and many more!)

Please RSVP to [cyp@hertsmindnetwork.org](mailto:cyp@hertsmindnetwork.org)



## NESSie Webinars

To book, please visit: [nessieined.com](https://nessieined.com)



# Upcoming Free Parent/Carer Webinars in Hertfordshire

**Come and meet our friendly, qualified team who are there to support you with confidence, skills and tools.**

**Supporting  
Children/Young People  
who Struggle to Attend  
School**

Thursday 2nd May

Thursday 17th June

9:30am - 11:30am

**Supporting  
Children/Young People  
who are LGBTQ+ or  
Gender Questioning**

Thursday 16th May

Thursday 20th June

9:30am - 11:30am

**Supporting Children/Young  
People  
with Anxiety**

Thursday 18th April

Thursday 6th June

9:30am - 11:30am

**Supporting Children/Young  
People with Bereavement  
and Loss**

Tuesday 25th June

9:30am - 11:30am

**Supporting a  
Child/Young Person  
with Self-Harming  
Behaviours**

Wednesday 3rd July

9:30am - 11:30am

**8 Week Online Peer Support  
Group for Parents/Carers of  
Children Avoiding School**

Tuesday 23rd April -  
Tuesday 18th June

9:30am - 11:30am

**To book, please visit [nessieined.com](https://nessieined.com) or click the  
workshops above.**

**Please note that these webinars are delivered live via  
Microsoft Teams and may run over.**

Joining links will be sent via email 24 hours before the event.

*Helping children and young people thrive*

NESSie IN ED CIC. Company registered in England & Wales number: 11719406



## Services for Young People Easter Holiday Activity Programme

Services for Young People is running a Holiday Activity Programme for young people across Hertfordshire over the Easter 2024 school holidays.

Services for Young People is running an exciting programme of free holiday activities during the Easter 2024 school holidays. The activities are for young people aged 13-16, including those with special educational needs and disabilities, who are eligible for benefits-related free school meals.

### **Supporting young people's physical and mental health**

The activities focus on healthy lifestyles. Young people will have the opportunity to:

- Take part in fun physical activities such as sports, dance and team games
- Get creative with arts and crafts, music production and cooking
- Meet and socialise with other young people
- Get free healthy food every day

Join informal healthy lifestyles workshops on:

- healthy food choices and cooking
- emotional wellbeing and resilience
- staying safe
- healthy relationships
- keeping active
- smoking, drug and alcohol awareness
- stress and sleep awareness

Young people will also find out about other services available to them in their area, including SfYP's term-time projects for young people.

The activities will take place during the Easter holidays, from Tuesday 2 to Friday 5 April 2024, with each session lasting four hours a day. These activities will be held in all areas of Hertfordshire.

There are 20 spaces per district and the allocation of places is on a first come, first served basis.

For more information and to book, please visit:

[Support for young people \(servicesforyoungpeople.org\)](https://servicesforyoungpeople.org)



Neurodiversity Support Hub**Neurodiversity Support Hub****For Parents, Carers and Professionals**

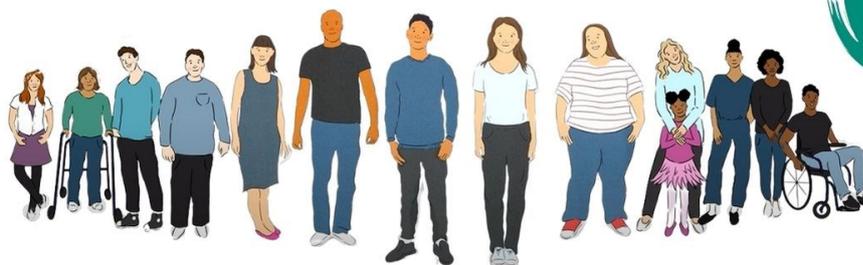
We can offer support, signposting and guidance about a whole range of things including but not limited to:

No  
Diagnosis  
Required

- Understanding ADHD/Autism
- Distressed Behaviours
  - Anxiety
  - School

The phones are answered by our team of parents and carers of neurodivergent children and young people

Are you a  
Parent, Carer  
or  
Professional?



**01727 833963** 

We Can't :

- Give updates/ fast track places on waiting lists
- Recommend specific private assessors



**supporthub@add-vance.org**

**Open Monday-Friday  
9 AM - 1PM**



Here to support, reach out for a listening ear 



**ADD-vance**  
The ADHD and Autism Trust



Website: [www.dacorumdspl.org.uk](http://www.dacorumdspl.org.uk)



Email: [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)



Instagram: [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

SEND Drop-in sessions

## SEND Chat and Play

Woodhall Farm Adventure Playground,  
Hemel Hempstead, HP2 7BA

Our Special Educational Needs and Disabilities Chat and Play sessions are a great opportunity to come and meet other families going through a similar journey, in a relaxed environment. All are welcome whether your child is diagnosed or you are concerned about a possible need.

This group is run by our SEND Champions, we hope to see you there!

**Wednesdays 11:00 - 12:00**

**8th & 22nd May, 5th & 19th June, 3rd, 17th & 31st July 2024**



[www.hertsfamilycentres.org](http://www.hertsfamilycentres.org)

 0300 123 7572



Website: [www.dacorumspl.org.uk](http://www.dacorumspl.org.uk)



Email: [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)



Instagram: [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

SEND Drop-in sessions**Parent Support Group**

Every Wednesday

9.00am – 12

(Term time only)

@ Woodfield Coffee Shop

Malmes Croft, Leverstock Green, Hemel Hempstead, HP3 8RL

Contact: [Gemma.Tuff@woodfield.herts.sch.uk](mailto:Gemma.Tuff@woodfield.herts.sch.uk)Or: [Lauren.Lettis@woodfield.herts.sch.uk](mailto:Lauren.Lettis@woodfield.herts.sch.uk)

01442 253476

Would you like to chat,  
rant, or just let off  
steam over a cup?



Come and join other  
parents/carers and  
share stories, advice  
and a few laughs!



Whether your child is at mainstream school or a special school,  
Diagnosed or undiagnosed, you are welcome to come along and meet  
Other parents, talk to professionals, or simply drop in for a coffee and  
Meet new friends who also have a child with special educational needs.  
**ALL WELCOME - JUST COME ALONG**

Free tea, coffee and biscuits! Fancy something a bit more special? Our  
coffee shop accepts card payments or cash.

Parenting Courses and Support in Dacorum Summer Term 2024

The Summer term Parenting Brochure will be available to download from the link below  
by the end of the Spring term

For courses from Local Providers, please view the Dacorum Parenting Course Brochure via:  
[Online resources for parents and carers | DSPL \(dacorumdspl.org.uk\)](https://www.dacorumdspl.org.uk)



For SEND courses and support, please visit either:

<https://directory.hertfordshire.gov.uk/Search?CategoryId=70&SM=ServiceSearch&UDG=True&SME=True>

<https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do>

